



Trinity Methodist Church



# AUGUST & SEPTEMBER 2024 is a....



## **Our Mission Statement:**

**Our Mission is to proclaim the love of God,  
in Jesus to all people by:**

**Being a place of welcome, worship & nurture.**

**Belonging, learning & growing together.**

**Serving the community in whatever way we can.**

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*From the Manse.....*

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## **Did Jesus go on holiday?**

It doesn't take a linguistic specialist to observe that the origin of our common word holiday derives from the two words 'holy day'. However I was surprised to realise that for some parts of the church the question of holidays is quite contentious. Some theological positions emphasise that the holy days of Christmas and Easter are not referred to in the New Testament; there's no evidence that the very early church celebrated them and there is the suspicion that pagan elements influenced their establishment by a Roman Emperor in the fourth century.

I'm also reminded that Oliver Cromwell and his puritan approach to faith outlawed Christmas in particular. When the republican revolution was over and monarchy restored, one of the first things to be re-established, to great popular appeal, was Christmas!

As someone who's just had the privilege of a holiday (in the Isle of Arran just off the west coast of Scotland) I'm mindful that patterns of rest and relaxation alongside our endeavours and hard work are part of creating what is often referred to as 'work-life balance'. Whether we holiday or not no human being can ignore the fact that incessant work will grind us down and invariably lead to a lesser quality of life.

The insistence on rest and relaxation is, of course, the privilege of the relatively luxurious Western lifestyle which has become part of my norm, but in other parts of our world such debates are a reflection of privilege and wealth. Regardless of wealth or privilege though we are designed, at times, to rest and recuperate and I believe Jesus illustrates that and models it, with his disciples, on those numerous occasions when he made sure there was quiet, peace and space from the crowds and the demands of his ministry.

So were you able to have a literal holiday away, or not, I pray that there will be in some seasons of life for all of us, whether these be holy or other days for restoration and build up of our strength in God.

Blessings for the summer,



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The flower team works tirelessly to ensure the congregation enjoys fresh flower displays each week. The team remains grateful for donations to the flower fund. If you are able, please continue to donate. These can be given to Mary Stevenson or to a Steward.



## REV ASIF KARAM

### INTRODUCING MYSELF

Dear friends,

This gives me joy to introduce myself as the new minister of the Chelmsford Circuit, subject to the 2024-2025 Conference. I am delighted to offer pastoral oversight mainly to the Trinity Methodist Church and largely to the other Circuit Churches. I have this dependable conviction, that firstly, I am a shepherd to my family and secondly to God's people (Church) who are my wider family.

God has blessed me with three beautiful daughters. We were rewarded by His prevenient grace to celebrate the wedding of our eldest daughter in June 2024. I am married to Rev. Rohama, who is also a Methodist minister in the Romford Circuit in London, and I am staying in her circuit in Upminster. My apologies, that I won't be living in the circuit. My wife has a few years left to serve in her present circuit.

I love to be among people, as I am a people person and I am a servant leader among equals, who are truly open to new ways of mission that leads to fruitfulness. It is an honour and privilege to minister God and His people, whether they are in a large town, the suburbs or a city area. I have a passion to offer leadership and help to adults and youth to discern and understand various intergenerational, ecclesiastical and contemporary concerns and issues.

My ministry is a mirror of my own personality; I prefer natural and spirit-led patterns and esteem a collaborative leading style of accepting and engaging individuals to discover, learn and observe our calling to further both the local and the global mission. I am approachable, an encourager, flexible within limits, and friendly.

I value working with others to reach a common goal, bridging over troubled waters and planting seeds for God to harvest. I believe that ministry is a shared calling of the whole people of God. Together, we'll strive to encourage, engage and enable each other to recognise and practice their gifts and multiply fruitfulness. As a Methodist Minister, it's a priority for me to be a facilitator with an open mind and heart by appreciating the talents and graces of others with kindness and carefulness.

I am looking forward to getting to know you all and learning more about the Church and the Circuit.

With blessings and love, *Rev Asif Karam*

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### **John Wesley's Rule for Christian Living**

*Do all the good you can,  
By all the means you can,  
In all the ways you can,  
In all the places you can,  
At all the times you can,  
To all the people you can,  
As long as ever you can!*



John Wesley 1703—1791





Anne Rosemary Ward

13th October 1930 -17th May 2024



Anne was born in Banstead, Surrey and grew up in Epsom and Ewell. She was a single child but had three close cousins – John, Bay and Peter Littleton. She entered Rosebury County Grammar School, worked hard and subsequently gained a place at Southlands College, a Methodist Teacher Training College for women. There she became captain of the netball team and also joined the Epsom Sea Rangers where her swimming prowess led to her appointment as captain; notably she received a commendation from Sussex Police and a certificate of merit from the Girl Guides for saving cousin, Peter, from the sea.

Anne taught at infant schools in Epsom and Croydon for 7 years, before marrying in 1959, The couple moved to Leamington Spa where Simon was born and then in 1962 to Springfield where Nicola and Nigel joined the family.

Soon Trinity Methodist Church became a focus of Anne's life. She formed the Trinity Playgroup with her sister-in-law, Audrey, and around the same time, became a founding member of Trinity Music and Drama. Within the limited confines of the upstairs stage at Trinity their first production was *Iolanthe*, the overture of which was played at her service on June 19, 2024.

Anne was an enthusiastic participant in many other Church activities including tennis and bowls, Young Wives (latterly Ladies Group) and the Church Choir. Her family recalled that she had a strong alto voice and wasn't afraid to use it. Anne was also a street pastor and church steward, always had a smile for everyone; her love and generosity of spirit was all encompassing.

Anne was a hugely proud grandmother and her 8 grandchildren were the pride of her life. Even more so latterly with the introduction of her great-grandchild, Lana. The two had an immediate and lasting bond which was a joy to behold.

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Anne moved to Writtle in the early 90s and it was a perfect fit; the WI; Luncheon Club; Friends of Hylands House are just some of the regular activities she was involved with in the locality.

Anne loved her garden, she tried to pass on her considerable knowledge to her family and took great pride in her flowers. She also loved birds and donations at her service were to the RSPB in her memory.

Anne was a very special lady, despite the adversities she faced she would always try to be positive. "Optimists and pessimists can't change the world" she would say, "but optimists have a far better time of it!"

Abridged from Simon Ward's eulogy

June 2024

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## **Beryl Upfold**

My dad, Don Upfold who was a former member of Trinity Church in Chelmsford for over 30 years, wanted to advise the congregation of the death of his wife Beryl who was a local preacher in both the Chelmsford and Girvan circuits for over 60 years. She is now with her Saviour.

Kind regards ,  
Yvonne Holland

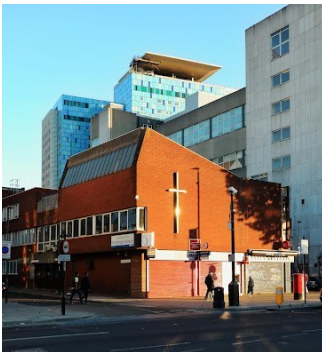


# FRIENDSHIP LUNCHES

First, I am pleased to tell you that the Friendship Lunch on 18<sup>th</sup> August which was previously cancelled will now take place; Mary Stevenson has stepped in to host it. Please contact Mary by Wednesday 14<sup>th</sup> August if you wish to attend and also pass this message on to those who may not know.

I am now trying to prepare a rota for lunches next year but sadly it is looking as though these will be less frequent unless I can persuade more volunteer cooks to come forward. Please may I again ask everyone to have a think and give me a ring if you can help in any way. A simple uncomplicated lunch which enables friends who look forward to having the opportunity to chat and eat their lunch with friends is more than acceptable. Thank you.

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## White Chapel Mission

Just a quick thanks to everyone for the continued support. Again the garage is getting full at Trinity and we will be making the next trip very shortly. They are always in need of good used clothing, particularly men's and also for ladies', towels, blankets, sleeping bags, toiletries, etc. Donations can be left in the garage in the Link or we are happy to collect from you. If you wish to know more please contact us.

Thank you.

*Keith, Jenne & John Essam*



# Thursford Christmas Spectacular

As many of you will be aware, for many years we have organised a coach trip from Trinity to the wonderful Christmas Spectacular at Thursford; this has regularly been over subscribed and has a waiting list. However, at the moment we have 9 unsold tickets for which we have paid deposits for this year's performance is on Saturday 16<sup>th</sup> November. We leave Trinity at 9:25 am and arrive at Thursford in time for us to either eat our packed lunch or buy light refreshments or a lovely cooked lunch in the big marquee just inside the grounds. The performance starts at 2:00 pm. giving plenty of time to eat, have a look round the shops, etc and take our seats. We leave after the performance and normally arrive back at Trinity by 8:30 pm. The tickets are priced at £68.00 which includes a group price for raised seating, the coach fare and a small tip for the driver. Payments will be required to us at the end of August. If you are interested or wish to know more please give us a ring. Thank you

*Jenne and Keith Essam*

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Towards One World update - *"Let There Be Light"*



The above project that we started September 2023 is going very well. As you may be aware the solar lighting is already up and running at Otacho Children's Home in Kenya courtesy of Trinity Methodist Church generosity. Video clips and a news letter have been made and circulated for us to witness the difference our generosity has made to the children.

To date, a total of £4000 has been donated towards this project. A big thank you to you all for your donations.

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Unfortunately, another issue has arisen at Otacho Children’s Home in Kenya of which I have been made aware. The source of firewood to fuel their stoves to prepare food is no longer available. Deforestation has been a hugely critical issue especially in Africa. Apparently to outsource firewood is costing £250 per month. This is unsustainable.

Ken and Coral from Kenya Thriving are now looking at the feasibility of running stoves / hobs via solar which will use significantly more power than the lights. This will mean additional capacity in terms of solar batteries and invertors plus the cost of solar stoves /hobs.

This problem was tabled at the last Trinity Mission and Outreach Meeting held on 19<sup>th</sup> June 2024. It was agreed to increase our donations to this project by another £3000. This takes our donation as a church to this project from £5000 to £8000.

The good news is we are well ahead of this project in terms of our contributions. We agreed to run it for 3 years. It is my prayer that we will be able to meet our target by the end of the three years.

On behalf of the church at large I continue to be most grateful to you all for your contributions.

May I remind you that a special collection for “**Towards One World**” takes place the first Sunday of each month. Special envelopes are available in a drawer in the vestibule, or you can use any envelope and indicate on top of the envelope TOWARDS ONE WORLD .

**Blessings !!!!**

*Sheila Mukumba - July 2024*

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**MISTAKE**

LAST EDITION WENT BACK IN TIME ???  
to 2023

TIME I HAD THE SACK? - Ed

Sorry no prizes for folk who noticed





BY ARRANGEMENT WITH THREE KNIGHTS LIMITED, THE SHUBERT ORGANISATION INC  
AND ROBERT FOX LIMITED

**TRINITY MUSIC & DRAMA**  
PRESENT

# CHESS

**THE MUSICAL IN CONCERT**

**BENNY ANDERSON TIM RICE BJORN ULVAEUS**

ORIGINAL ORCHESTRATIONS AND ARRANGEMENTS BY ANDERS ELJAS

**17TH 18TH 19TH OCTOBER 2024**  
**7.30PM**

TRINITY METHODIST CHURCH  
46 RAINSFORD ROAD  
CHELMSFORD  
ESSEX  
CM1 2XB

*noda*  
Be inspired by amateur theatre



FOR MORE INFORMATION AND TICKET SALES PLEASE CONTACT  
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THIS AMATEUR PRODUCTION IS PRESENTED BY ARRANGEMENT WITH MUSIC THEATRE INTERNATIONAL  
ALL AUTHORISED PERFORMANCE MATERIALS ARE ALSO SUPPLIED BY MTI  
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CHELMSFORD

Save  
the  
Date

CHURCHES



and

Arts  
& Crafts



**Saturday 28 September** 10am-5pm at Trinity.

Many different arts and crafts classes available to try.

See Broomfield Church's website for list of workshops  
and booking form.

Saturday evening musical entertainment and refreshments  
at Moulsham Lodge Church.

**Sunday 29 September** United Harvest Festival Service  
10.30am - 11.30am at Trinity.

**Fairtrade stall before and after the service.**

CLOSING DATE FOR NEXT TRINITY NEWS

October / November 2024 Edition

**18th SEPTEMBER 2024**

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Articles to be sent to Anthea Tayler **AND** the Church Office  
or give a hard copy to the Church Office.

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