



Trinity Methodist Church



TRINITY NEWS

AUGUST—SEPTEMBER— OCTOBER
(Autumn 2025)



Our Mission Statement:

**Our Mission is to proclaim the love of God,
in Jesus to all people by:**

Being a place of welcome, worship & nurture.

Belonging, learning & growing together.

Serving the community in whatever way we can.

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From Our Minister.... Asif Karam

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Dear friends,

As we find ourselves in the warmth and brightness of summer, I write to you with a thankful heart. The sunshine, the lengthening days, and the flourishing of creation around us are blessings that lift the spirit and remind us of God's goodness. The psalmist declares, "The heavens declare the glory of God; the skies proclaim the work of his hands" Psalm 19:1 How true that feels during these beautiful weeks of summer.

This season brings with it opportunities for rest, travel, and family time. Many in our Church/ Circuit will be taking a well-earned break over the coming weeks. If that includes you, I encourage you to rest well, travel safely, and find renewal in both body and spirit. May your time away be a means of God's grace to you, refreshing your soul and drawing you closer to His peace.

For others who remain local, I pray that these quieter summer weeks may still offer you moments of stillness and joy. Let us also remember those for whom this season is difficult due to isolation, illness, or grief. May we continue to be mindful and supportive of one another, embodying the love of Christ in every season.

The rhythm of rest is a gift from God. Even Jesus, in the midst of His busy ministry, called the disciples to come away and rest: "Come with me by yourselves to a quiet place and get some rest" Mark 6:3. I pray that we may each find time this summer to heed that invitation.

Let us give thanks for all that has been in the life of our church / circuit during the past months full of organisational and outreach challenges and let us look ahead with hope to what God will continue to do among us as we journey into the next season together.

With every blessing for a safe and peaceful summer,

Yours in Christ, **Rev. Asif Karam**





Rev Asif and Rohama were delighted to announce the arrival of their first grandchild a baby girl Xuri on 25/5/25.

The Trinity church family send congratulations to Xuri's parents, Zarah and Xvav. God Bless the whole family.

It was with great sadness Trinity was given the news that Kit Wells passed away on 20th June. She had suffered ill health for quite some time bravely but now she is at peace. Trinity will hold her family in their prayers.

Kit's funeral service was held at Dovercourt Central Church, Harwich on 24th July at 2pm. Donations can be made to Farleigh Hospice C/o Harwich & Dovercourt Independent Funeral Services, 8 Oakley Road, Dovercourt CO12 4QR Tel: 01255 553398



Trinity News Alert !!! Towards One World Project Is BACK

A Goat Rearing for Zimbabwe Zwiyaambi and Gunde Methodists Circuits

The above project was launched on 15th June 2025 at the Café service.

We are looking at raising £3000 over the next three years.

Special collections will resume on Sunday 6th July 2025 and every first Sunday of each month there after. Designated envelopes are available in a drawer in the vestibule or you can use any envelope but do indicate on it "Towards One World "

Blessings, Sheila Mukumba

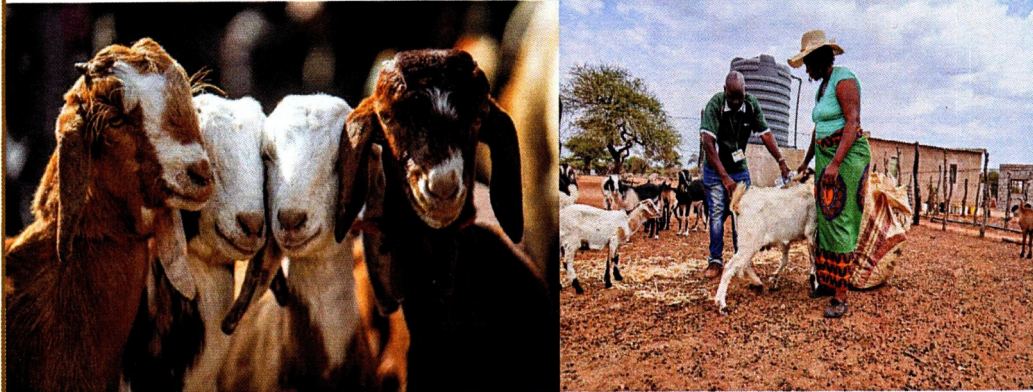


TRINITY METHODIST CHELMSFORD

GOAT PROJECT—FREE RANGE

Supporting Methodist Circuits in Zimbabwe

Gunde Circuit and Zviyambe Circuits



The primary goal of this initiative is to empower the church and its congregants by generating a sustainable source of income through the sale of goats. The specific objectives include:

- **Financial Independence:** To provide the church with a steady stream of income to support its operations and outreach programs.
- **Poverty Alleviation:** To alleviate poverty among church members and the broader community through economic empowerment.
- **Ministerial Support:** To cushion ministers in terms of their remuneration, ensuring they can continue their vital work without financial stress.
- **Community Engagement:** To foster a sense of ownership and participation among congregants by involving them in the project.

**Project Timeline: to purchase, rear and breed 50 goats, or more ,
at a cost of approx £3,000 with a projected sales profit income
within 24 months. Scan the QR Code to make a donation.**

Church members use the envelope system labelled 'One World'



Sponsored by:

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Charity number: 1207740



Goat Farming in Zimbabwe

1. Goat farming is increasingly a very profitable source of income in Zimbabwe
2. A promising form of income and food security
3. A significant source of meat, milk and skin products
4. The demand for goat meat has increased steadily over the years
5. Goats require very little feed costs since they eat a variety of foods
6. Demand for goat meat is high and there is a lot of potential for the growth of the market
7. This makes goat farming an additional intervention towards ensuring broad based empowerment wealth creation and can lift a lot of people out of the poverty within the society
8. A lot of goat headers are favoured by the existence of abundant land suitable climatic conditions
9. Most of the Methodist Churches in rural Zimbabwe are situated where the abundant land is making it easier for these churches to rear goats and make it a profitable source of income for the church
10. Grass fed goats meat can sell for £15 a pound and even a small goat of about 40 pounds of meat can net approx. £550 in income.

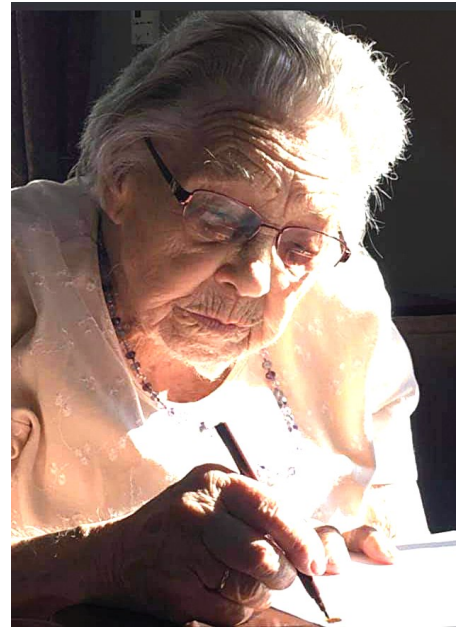
Thank you for your support

Lilian Victoria Thompson – ‘Lily’

11th March 1925 – 21st April 2025

Lily was born to Charles and Alice Ayling, the first child of three girls; she was followed by Mary and Rose.

She grew up in Leytonstone, attending Sunday School, later becoming a member of the church and subsequently joined the Girls' Brigade. Her father led the band and they would parade through the streets for Church Services at St John's Church. One of her proudest memories was performing at the Royal Albert Hall in the National Girls' Brigade display.



Lily left school in 1939 and worked initially in an office in London but took up alternative work closer to home to avoid the bombing. Lily was then assigned to War Work and soon found herself riveting wings on to Lancaster Bombers at a factory in Enfield.

She recalled that work was very noisy so communication was mainly with hand signals. Also, they were unable to hear the air raid siren, so, their supervisor would run along the workbenches banging on them to indicate that they were to leave and head for the shelters.

It was during this time she met Ken through the Boys' Brigade and Church Youth Groups. However, they waited until war was over and married in June 1949. Roy was born in 1953, and Marion followed in 1956. Originally they lived in Leytonstone near their family but it was around 1959 they took the brave step to move to Loughton where they bought a house in which they stayed until they retired.

Both Lily and Ken were committed Christians and soon joined the local Methodist Church where they were active members until their retirement. During this time Lilian joined and helped with the local Girls' Brigade and eventually became captain.

Lily will be remembered for the many activities she undertook supporting the Girls' Brigade; bus drivers who would wait for her and her band of girls; collecting for jumble sales in her car from the more wealthy areas in Loughton (they'd get better quality jumble); the many plays that were performed; flower arranging; first aid classes and following in her father's footsteps with the Girls' Brigade band.

Additionally, she arranged camps all over England and Wales including one to Jersey. She took over 30 girls camping under canvas, organising volunteers to help. There were the trips to London visiting various sights, the Duke of Edinburgh Award Schemes she put girls through and particularly going to Buckingham Palace with two of them to collect their Gold Awards.

As retirement beckoned, Lily and Ken decided to move to Chelmsford where they joined the local Methodist Church becoming active members helping with various groups. Around this time their grandchildren, James and Sarah and Briony, were born. They recall many holidays at Walton-on-the-Naze and further afield in caravans or apartments, building sandcastles and playing on the beach.

Lily, known as “Little Nan”, would look after her grandchildren during the holidays. She was particularly proud of Briony who had joined and achieved success with the Royal Ballet School in London before moving on to Germany.

After Ken passed away, Lily moved to Balmoral Court where she enjoyed life with the other residents and formed “the Golden Girls”. These ladies would pile into her car and head to Southend sea front for breakfast, then sit on deck chairs along the sea wall until a man came to collect the money. “We’re not staying”, they’d say then promptly leave and drive to the Bandstand at Westcliff for the rest of the day.

As she became more infirm, her great-grandchildren would visit; they remember eating copious amounts of chocolate and biscuits and playing games. Lily would never allow them cheat or always win.

After minor fires at the flat the family decided Lily should move to Cherrywood Grange where she recently celebrated her 100th birthday. Lily passed away on 21st April 2025.

Lily was a strong independent woman who knew her mind but also knew her Lord. Her faith was strong all the way through her life to the very end. An unforgettable lady.

June 2025 from Marion’s Eulogy



Lily’s daughter, Marion, asked me to send her and the family’s best wishes to all at Trinity. Ed

Hello all. For the month of April, James and I were incredibly fortunate to experience the trip of a lifetime travelling throughout South Korea. Our unquestionable favourite part of our trip was catching up with former Trinity members Joon and Sunmi and their family, and Jin. We reminisced of our memories in the UK together and whilst they miss everyone at Trinity, they send their blessings to all and continue to pray for Trinity.

Walking amongst Korea's world famous cherry blossoms, a few other highlights of our trip included hiking to the highest point in South Korea, speaking with the famous female divers of Jeju Island and eating bulgogi on Busan's Bulgogi Street.

With love from Alex Harrington Cahuzac and James Cahuzac



James and I are wearing matching traditional Korean attire, standing in front of a beautiful cherry blossom tree in the ancient grounds of Changdeokgung Palace, Seoul, South Korea.

Kathleen Judith Wells (Kit)

7th September 1943 — 20th June 2025

Kit Wells was born on September 7, 1943 in Head Street, Halstead, a location that remained a family landmark in later life.



Kit had an incredible love of books, reading and words in general. She could read well even before she went to school and looked back fondly on a time when she was young and her mother read books in the evening to her, her sister, Mary, and her father. Her passion for books lasted her whole life; she had hundreds, maybe thousands. Wordle became important to her, she would do it in her head and become frustrated if people talked to her while trying to solve the puzzle.

Her father's family ran a farm near Halstead. Kit treasured spending time there enjoying the freedom. To her, growing up, reading and the countryside were pure Utopia. She attended Halstead Grammar School, unsurprisingly her favourite subject was English Literature, especially Shakespeare. Later, Kit went to evening classes to study literature.

Kit met her husband-to-be while working in her first job at Courtauld in Braintree in the early 1960s. They married in January 1964 at Halstead Methodist Church. They moved with his job to Derby a short while later.

Mark was born in November 1966 and in 1967, they moved to Hertfordshire. Johnathan was born in July 1968 and two years later they were on the move again, to Glossop in Derbyshire and stayed put for 14 years.

Although money was tight, they always managed a week's holiday in the UK with Devon, Northumberland and particularly Aberdovey being favourites, the last becoming a very special place for her.

In August 1983 the family moved to Chelmsford. A year later, Jess arrived, a happy, unexpected addition to the family.

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It was around 1983, Kit became very much involved with Trinity Methodist's Church in Chelmsford. She made some really close friends, including a group of ladies who went on many adventures together, notably a trip to Berlin. She moved to a small bungalow in Great Baddow in the early 2000s and often walked into Chelmsford. She had ten grandchildren who were very special to her.

Kit continued working, albeit part time; she worked evening shifts at Tesco, at a mushroom farm and also at an electronics company. She worked hard to make ends meet

Sadly, Mark, died in 2012. of a brain tumour. Kit was incredibly strong throughout this time and was supported by the many friends she made at Trinity.

Kit's health started to deteriorate and around 5 years ago, she moved into a warden-controlled flat near her church, before ending her days in a care home in Harwich. She died on 20 June in Colchester Hospital.

Kit is now at rest. Our thoughts and prayers are with her and her family.

July 25, 2025



Springfield House Group Thursday 19th June 2025

The sun was shining and it was hot for our nature walk meeting in Oaklands Park. Sadly, though, five of our group were unable to join us. We enjoyed our stroll around the park, admiring the gifts of nature while staying mostly in the shade given by the magnificent trees. We ended up, again, in the shade enjoying rest and refreshments at the café.

If anyone is interested in joining this housegroup or any other, or even starting a new group, please speak with Rev Asif or Eric Smart for advice and guidance.



MISSION MATTERS

'THREE W W W's'

I have three words/phrases which all start with the letter 'W' which I want to use to highlight a situation which is likely to affect us all.

The first word/phrase is 'Wake up!' We need to be aware that with Asif's impending appointment as Circuit Superintendent added to his responsibilities of having three churches directly to minister to, that there will be a requirement for all churches in the circuit to prepare more Local Arrangements for their services.

The second word/phrase is 'Walk up!' and we all need to consider how each of us could help in the preparation of the Local Arrangements. We are fortunate to have Kay and Russell as worship leaders but their workload is likely to be increased in the new set up and we should all be prepared to help out.

And the last word is 'Worship'. Under the new regime, one of the most important issues is that we all continue to worship in a meaningful way and this is your chance to make sure that this happens. Do speak to Jeff, Kay or Russell if you feel you would be willing to assist in this.

Thanks, Eric



Time of the year is covered in the next edition of Trinity News

Please make a note of the closing date in your diary if you wish to advertise an important event or advanced notice.



Least We Forget



2026

CLOSING DATE FOR NEXT TRINITY NEWS for
NOVEMBER—DECEMBER 2025 &
JANUARY 2026 Edition is:

22nd OCTOBER 2025

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